

Title: 0130-Our Voices-Mystery Stories 1
Bird Number: 013102
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Date Recorded: January 31, 2002
Transcriber: Youngok Kang-Bohr
Date Transcribed: March 5, 2003
Language: English
Culture: Cree (Omushkego)
Transcript: Draft

I am back to the continuation of strange stories about the First Nations especially the Omushkego people. We have only talked about Windigo subject, the various kind of windigo, and why is it so fearful subject, and this happen at time before the European came, but it happens after, as it has happened, but it has not been mentioned in the open. There are many things that happened continuously after the European were here. And so these were just, they were considered almost real, and almost true. And now we are going into the different kind of things.

We are going to talk about other mysterious things, which we mentioned at the beginning. We have said there were strange things that have been experienced by the First Nations and especially the Omushkego people. They have talked about something called pakaaskokan, which it does not seems to be real, but it has been experienced. And there was this two kinds of experiences that we laid with such name. One of them is an object that was seen by many as human skeleton, and the other is that have voice that was heard upon the atmosphere of the land, and which travels to be very fast, and seem to speak such as human voice, and at the same time bring fears to the individual, the human kind, and very terrifying thing. That was not the very nice thing. The pakaaskokan they called it. It's the same thing they called it pakaaskokan.

The other one is the one that looks like human skeleton it the one that was sometimes able to communicate with the human, and sometimes requires a little bit of assistance from the human, and sometimes give their worrying prediction for their life for those who see all along to travel. These are the two.

And then there is a third kind of thing, and this is what they call a balloon. They are in our language called the loon. Balloon is not actually the balloon, plastic balloon, but

balloon that we used to create ourselves in an very ordinary way that it blow the skin or the tube of the animals like a birds. Especially the tubes of parmer a... ptarmigan or spruce partridge or sharp tale Crouse and ruffle Crouse and all those they have what they call the first stomach. I don't know what you call that in English, but that is first containing container that located just at the base of their neck. And this and this bike of some kind of skin holds the frozen twigs and buds and whatever seeds that are found in the winter time and that's what it is defrosted, and also heated a little bit, and then after that it goes on to the main cooking stomach. And this can this porch this sort of the first stomach is the one that we has been for ages has been taken apart and then blow up bubble into it, and it becomes, a tube or a balloon transparent.

After once empty all the containers and then tie one in the keep the air in and then blow from one end, makes about 6 inches diameter balloon, and usually nice transparent and it could almost left, if one blow it in hard. And this is the kind of balloon that they describe what they see, what our Fist Nation have seen in the area in the hunting areas in many territories they exist. We don't know exactly how many times a person see it in their lifetime, but it has been said almost every individual has seen it in during his lifetime. Maybe some might have seen it maybe two or three times.

But it was so extraordinary almost impossible to believe that thing actually existed, but some people have believed that there is being inside because this balloon is large enough to say it contains something, and it has a proportion powered by itself. But the other thing is it doesn't have no sound. It does have a glow; I mean it glows like a light but not bright. It has been said to be a witness who seen in every season any season, ah, into the time it can be seen as a bright object, very bright, and shines almost like a sun which makes it so extraordinary. And if it's reflect from the sun light it will, it will reflect the flash. And not quite as a mirror but it does shine.

And some people have said they have seen the moving within, some people believe there is someone in or somebody in, but they never say anything about the object is moving or rotating, no, yes people have said it has different color, and this balloon object they have seen it and described they have seen it in the night time, and then some have seen it in the day time. Some have seen it actually landing on the ground, and some seen it only going by the atmosphere. Some have seen it way up there in the atmosphere

traveling in a various speed. Sometimes like a lightening, sometimes fast faster than anything that travels in the air in those days, faster than the geese, faster than hawk, the fastest hawk that there is they say is way faster.

And the only problem is that nobody actually can measure the height in the air whenever they see it. But it was hard to declare or to say for sure that how high this thing can fly and how high is it can be seen, but people have seen it flying on top of the tree top. Some people have seen it or half way to the tree and it's could be maybe as large as in diameters as trees about 20 feet 15 feet there about. And some people have extraordinary stories that say there are sometimes the balloon can be various form, sometimes it's today a football size and sometimes that's a bit larger. But nobody have mentioned about even smaller than a football.

So therefore, there are lots of those stories that our people our First Nation Omushkego have witnessed. Now here is what was wrong with it at that time. In the past we have mentioned about the shaman power, the First Nation that has developed some kind of extra power through by dream quest, or a dream quest, or dream, ah, a quest for dream, they have acquired in such a way for people to be able to create an illusion to make things appear in them from their mind to make other people see things that only in their own imagination can create and actually make other people see and scare them and scare the hell out of people that way.

Mitew has done many things when other mitew's is, bothered by such thing he just get rid of through his own power mind, and many mitew don't bother at all, just let it stay there. They know it can't hurt them. And it was because of this knowledge and experience in their life that this balloon thing, which they saw and the skeleton they saw they never tried to understand what it is exactly. Because automatically they believed that is mitew, other mitew or show his power to them. Even if a person is not a mitew himself, he would say, well somehow mitew's experimenting his power to me, and therefore they ignore it, so which sort of eliminate, eliminate continuation of the other person if it was.

But with this particular story about the object that looks like a balloon, which used to be seen by, so many, they just didn't care much about studying it how, they just see, then simply totally ignored it. Because what they believed it is just a mitew power, mitew

exercise, just wondered why such a mitew bothering me with his power. That's all they would think. So they never tried to understand what it is.

But there was a story one time as I mentioned before in this tape, that one person has seen which he classified, as wiihitiko. Apparently he has seen forms of human shape, which was not at all fill that description of their kind of human body and in their appearance. And this man has seen the body of some kind, that has been dead or drawn in to the water and this personal body. As the way he described he said his skin is extraordinary silvery color and it's often near, because he assume this person was like himself having only linen cloth he called it loin cloth, XXassianXX we called it the way our people used to dress in warm days.

This man thought that all this kind he saw was his, you know have dyed and his skin is discolored and transparent color he says, even his head in all his head skin has been breeched dry upon skull in skull heads inside there. And his fingers also been dried right to the bone and, it said this was the thing that he saw and he said that he can not look at it so long because it really bothers your mind.

So he just barely stopped a little while and just move on, because he cannot look at him. Got scared, got scared anyway. So he when he reported to the other people the way he described it, they just didn't believe him. So nobody wanted to go and see, nobody did went to see. But him he kept talking about it until the day he died. And so in that place today it's still known as Windigo Creek

Creek and this is not far away from present day at the mouth of Winisk River. So that means it happens recently, it happens after the European came, it happened after Hudson Bay Company did the fur trading. It was not long ago. And so, it is the same story, only this time it just looks it was found to be seen as in human form. Okay, we'll leave that subject right there, we'll come back to it later.

Now these are the stories that have been existed among ourselves, and amongst the First Nation they have something what that called the originality. Many mitew, mitew's all have had far fletch far fletch scenes in their dream. They have talked about a being coming from up the sky, not in the daytime, but at nighttime. People have talked about the stars, star people, sometimes they used in by some stories that between legend and mystery, there are stories that are almost like a legend, that like almost true, and that do

not fit in the legend category. But they don't fit either in the mystery stories, but they play in a mystery story.

And so, the story goes, that some people have said human or perhaps there is any relation between human and another forms of life somewhere, which comes here and stays with us sometimes, and part of it is in the form of windigo. One of those kinds of stuff we call windigo, or wiihtiko. One for example, the Bigfoot, because the Bigfoot doesn't kill person.

And there is another one, the XXmemengoisu, mememgoisuXX communicate with people, and have said themselves that they've been here long time, and they have sort of choose to live underground, not because, they didn't explain why, ah, that they knew there are human beings on the surface of the earth. And they have said, according to the mitew, that they will look after the First Nation from that point, few point, or in their existence. They have seen what happened in the world, they've been there for a long time.

But the Bigfoot has not communicate with the First Nation, but it has curiosity to study the people. Especially when the people are not bothering him, not afraid of him, but they always come around, especially early in the spring days seem to be attracted to the human. As if, because, so the question is here this, was the Bigfoot interested in exploration of mating with the human? That is the question. Why such a beast or partially close to human forms of safer being would want, would bother to try to associate itself with the humans and not quite capable of to come right up and say here I am, and I want to join you, no, but why is it?

So we, I am not talking about the extraordinary, extraordinary communications which are supposedly existed between the mitew and the XXmemengoisuXX. No, I'm not. I will not repeat those words for now. But I will repeat it some other time if I have, if I have to do so. For the moment, we will leave it at that for the time being, not to blow anyone's mind, or not to scare a person who is always interested in listening that's your reason.

And now, there are legends that are sometimes blend with those things and that's why the legends are exciting. They had been made to control the mind of the listeners. So there are times in in, in half in them blending of these legends with this human history

and sometimes, there is quite extraordinary things thrown in often once in a while. That makes the story exciting, or alive. So this kind of things had been done.

I could name one, the story at the beginning of the story of wemishoosh. I think it is there, that we hear such thing, but I don't know exactly how it goes why it always scratches in my mind. I think that it scratches anyone's mind about the way they created the story of the wemishoosh. Where the wemishoosh want to live in this land and in this world to live forever, and have extraordinary deed or unthinkable situation for him to live forever. That is to kill another men's life to take life, so that he can exist, because he doesn't want to die. And what he did, did he actually live for a long time? Yes, they say he did.

And also what he uses also did live a long time, as if that he has two daughters, or have never quarrel all the while he was still living. Yes, it is said that he had accomplished quite a bit. And then where he had killed his son-in-laws, very few have founded only with the certain power of mind. There are some mitew other time when to investigate, where about did he kill his son-in-law, and they know he kill lot. And then there was a person went there, and went to check, and actually able to visualize how this old man killed his son-in-law. And he found the skeletons there at the bottom where he killed them where he buried them, or made them buried. So this is so far I want to go, because it gets a bit too far- fetched in there. I will not say it now.

But in our language it's very easy, it's very easy to listen to it. So there is that hint that give us in that story, there is something about trying to live forever, and it has been said that there are certain kinds of things that does exist which indicate there is a life forever somewhere. So some elders that have have a long time, we call them XXmeteokXX powerful and wise XXmeteokXX. Have come to almost right out then open say there is a life after death, and there is life without death. How many nations have ever wanted to find the fountain of youth, or to found a place you never get old. All nations do that, and so our nations, our First Nations did, such wish do, such wish.

Anyway, saying so, I am trying to work my way in the story why this story was created in such a way. Why did we say in a story of XXZakhabishXX. We know there is a life up there somewhere, but what power does it have to be able to get there by one's own power, or what is the thing that could be taking you there somewhere. It is always up

there. It has been always like that. So XXZakhabishXX time that is a legend time that is the history of the human, human kind in the First Nation.

That XXZakhabishXX was a most power person who had very seldom being beaten by any situation, but always managed to escape its capturer or it's danger of extermination of his life. But XXZakhabishXX has managed to do that, managed to get lost his life on this life on this land. He ended up in the moon, because he disobeyed the nature. His sister played many parts in the story. His sister played the wise person, or have all answers for everything. And when XXZakhabishXX tried everything on this earth, wait a minute, wait, wait, and never been beaten by it's force, it was naturally to be that way, because he was gifted, then he was an extraordinary person.

While his mother, his sister, or his a mother at the same time, and helper and a wise person was able to give a right answer for his questions, but his questions are always not answered quite well for his satisfaction. So he has to prove it if it's true or not. So he did that many times. And even if it was true what his sister was saying that if he disobey or do things against her advice and then he will actually get caught on the force of nature and be captured or nearly lost his life.

Until somehow or was able to contact his sister for help telepathically, in a mental telepathy, or by mind contact. Anyway, he usually managed to get his sister to come in bail him out or help him out, whenever he gets caught. And he learned the truth about the word of his wise sister. And it is one of those things. By this time we nobody knows exactly how long did he live.

He remain a childlike person the size of six years old and wise as any other wise man there is, but always look for advice to his sister. And many are the story which just symbolically meaning for the advice for the young people. But it is also some far fetched events that he led or adventurous life he led is actually wonder, some wonders in this world that experience by First Nation, especially the Omushkego people, in which he himself played a lead role in it to find the mystery, or to find out the results of questioning some unanswered things in our life.

Therefore, xxZakhbishx have tried everything he had beaten almost anything on earth that are dangerous. Each one of the things is that he was told not to do he went the a head to do it then explore the meaning of it and to find an answer. And it was one of those

things by this time he had gone to almost anything, the things that he never quite understand but he knows that there is something to do with the moon and sometimes when he looks at it and look at the sky at night sky looking at the stars and things, wondered exactly about the moon. And each time when he does that, the moon seems to jump right close to him, and became sort of startled and when he was aware of that, the moon would jump back to its place.

So he begin to have a queer feeling and then he went on to report to his sister and said why the moon act that way the way I think it was. So of course, his sister said you know you just don't do those things, said the sister. You just don't do that because the moon is going to take you away. Of course, curiosity rules in him and doubtfulness and everything, that knowing exactly what's going to happen. So he went to try again, and he did. He never returned.

And today that's why we see that shadow in the moon that shaped like a human with one side with the pale and the other side looks like a wooden spoon, which he was carrying to get a snow into the bucket. So that's, so that is the story about xxZakhabishxx, which gives us an idea about why is people always fascinated by the moon.

They know they First Nation knew about especially the people in the Omushkego area and around the shores of Hudson and James Bay, have noticed, have already affected the moon that moon seems to pull something, seems something always to happen at the fullness of the moon. Effected on something and even in the human life for example, why is it every moon every moon that the woman has to have a menstrual period? Is it the power of the moon, or is it something else? And is it powerful measuring device that cause the earth to happen timely fashion? So this was the question in those days about him. Now having said all these things, we have covered quite a few mysteries even in legends and also in our real life. Are we going to the real life?

We are going to talk about in a story again stories that are supposed to have happened in a while not long ago, maybe just prior to contact of the other people from the distant land, when the First Nation was there by themselves. It happens again on the bay on the shores of the Hudson and James Bay today, and it happens there that the group of the Omushkego people camping close by the shore of the bay, and as usual, the young people

would go out hunting everyday.

And this particular trip always were buddies from since their childhood hunted together in summer time. And one day when it was a beautiful morning they left to hunt together again, and then it was a beautiful day. And it was in the afternoon again they left, and they went again to go wonder off somewhere out there although at the distant horizon, always happy enjoying and everything exploring. And then they left and they never returned that day.

It was no fuss about that until the next day they were missing, they haven't returned yet. It was only 3 days later, that people actually began to worry, and they looked for the young boys for some times, people go here and there to look for them, couldn't find, no sign of them. Finally, the boys never returned. They give up for death. People give them up for death.

These people would have a group of people they were at least five families. That's a largest family that ever usually lived together in summer, some place around them Hudson Bay and James Bay today. And it was the usual activity in summer, and it was that time the three boys never returned year after year, and after first year, third years they were presumed dead somewhere. They just stop looking for them.

And it was somewhere around at least 25 years later. Some say it was maybe 40 years later. And one summer place in the same camp same place where they disappeared returned to the camp the same 3 boys under same age, never been old, but those who were left behind who were the same age as them are now white haired people, have children of their own and families of their own. And for that reason there was a big mystery. How did those three boys return? And where did they go? When they'll ask where they went, they said we just went hunting today, and we return, just you know just a while back we were just a while ago we just left and we just return.

So they were so how come we have been waiting ages, and have gone old, and you return without being aged at all. So they said, well, we found ourselves in to this land, and as far as we can see, and ended up in this strange place, that seems to be forever wonder and never really think of time at all, and we went any place that we want to go instantly. Wherever we want to go we are about there, and it was in those days that we it wasn't that time that also we have, we have encountered something that is unusual, and

that we have been let, or learn some kind of song, which has to do with light, and here is the song, and they sing a song.

That was song about the light and they hummed it so often, and they sing it so often, the group, the people that live with begin to sing it too along with them. And it has something to do with the light, and that was it. And this was a long time ago before the European ever come in to this area, into this Omushkeg land. And there is that mystery. How did those 3 young boys disappeared in such a day, and return, let say to be minimum, 25 years later on, maybe 40 years later without being aged and those that they left had become old. What happened?

Now, there the question begin to blend together in many other part of stories that we have experienced that Omushkego people have experienced. Is this, this disappearance in time is the reason why people wanted to live forever, or was it there before has it been experienced by such group? Has there been some reality to a life that doesn't end, or is there reality that there is a life other world, other than this one that we have, that where the person do not grow old for some reason, and then where a person can be any place where he wants to be instantly, and thus the time seem to stand still while everyone enjoys while such group enjoys the life they led in the time period.

And the question is, is there another world somewhere, or is there something to do in connection with the universe like the moon. Does that have any power to take a human kind in some place instantaneously and without any process of aging because of the due process of time. There is that question.

And about this pakaaskokan, is the pakaaskokan actually as skeleton and bones, or was it a mechanical thing like a prop, or prop, I mean just like a explorer that is trying to be sent to other planet. Where these things exist at that time, or did the boys ever been captured by those things and taken to the place in which time didn't count a distant place, and also is the story about the voices that people have heard on the Omushkego land that seem to travel so fast across the horizon and causes fear in the man kind, in amongst Omushkego people. Does that have any connection to it a life some other place that comes to hear in a substance in nature? Not just a spiritual nature, but the substance.

Where these things experience by the First Nations without much care of explanation, or without any association of mystery or simply accepted it as fact of the world they live

in. And now, I am close to these white men, or white men recently experience mysteries that we or are still unbelieved. UFOs, we call them. We hear about so much of stories that about the UFOs, and we do not wish to talk about because we think its, its things not to talk about and even to believe in such thing. We tried to ignore these things. We, I mean, any human.

And so where are our forefathers of the First Nation in Omushkegowak, they tried to not think about it, and it was there, but they just could not erase that often, it was there. Is it happening the same way today? Is it there such a way that the mind contact become reality, or substance in this earth, and that the First Nations have experienced and visualized it and then able to communicate with it, or not necessary enjoyed it, and totally rejected off their mind? These are the questions that are, that has been there all along, and so has been on mind. And that's what I am trying to connect about stories that we hear is to try to parallel tell them as we know it today, there are things that are not understood, whether of how far advance the men can be, we still stuck in the place where we don't believe in anything. And so is our nature is like that deny our self to believe in anything we do not actually touch, and capable to explain what we saw. That is my question, and that was the question of that our ancestors have. And for this tape I will come to the end here for the time being. Okay. (End of side A)

Hello, today is the last day of January, January 31st, the year 2002, and the time is 5:50 pm, and it is Thursday. I am in Thunder Bay, Ontario, staying at the Travel Lodge Hotel. Just a minute now, I am trying to see how I make this thing pause. All right, we just have to stop, and I have

All right, my subject today is extraordinary one, there are things that we have in our culture, again going back my ways of telling stories is like this. I always want to talk about our culture before contact, I mean before the European came in to contact with our First Nation in Canada, in North America. What we have heard from our grand parents, which has been handed down to them from their own grand, or great-great-grand parents. Let me say if my grand father have heard his grandfather, or great grandfather telling him a story, what bring us back to somewhere around 1700. But if we were to say, my great grand father's father have heard his great grand father say such story it will bring us back

to almost 400 years. So that is the only time measurement that we have.

In Hudson Bay and James Bay lowland, as we call it today, in that area, West coast of James Bay and Southwest coast of Hudson Bay, right up to the area of the place called York Factory, and right down to the tip of James Bay to the South, and around 200 miles inland into the West, that section of land is where the story has been passed on to us, and it was in that area that some of the stories have happened, and also have experienced, and that is where the people we know today as Cree people, where there as the Omushkego tribes, they were called Omushkegowak.

We called that West coast of Hudson's and Southwest coast of Hudson Bay, they were called XXGiwetinetawininokXX from the south part of the James Bay as among themselves. And these people were there before the European came. They had their own culture, they had their own life style, they had their own beliefs, their had their own spiritual belief. They established somehow come to recognize their culture as such, but the spiritual belief which they practiced connected to the whole environment, I mean to say life is connected with all things on earth, and life is not only a material world, but it is a spiritual world also. And that spiritual world exists at the same time as the material world exists. In that spiritual world is much higher form of living than the material world.

And in that spiritual world there is a supernatural being which where the material world came to exit. They believed this a long time ago. Our ancestors believed this thing very strongly that the world is connected to the higher world with its spiritual world. And therefore, they practiced this thing, and they believed it. In a way they practiced this one thing that is very strange and very amazing.

Let's get back to the story telling about the past of the Omushkego, Omushkego stories. So our ancestors are telling us about the past, the life before the European came. They had their own culture, they believed in many things, and they experienced many things in their life. They have developed a system, which, telephone rang, excuse me. And I guess everybody wants to visit somehow, and they say our ancestors have carried these stories to us from their own grand parents, from their own great-great grand parents, and on and on way down the time of human conscious can remember in this part of the world. And they have very fascinating culture, they have their culture, which is called customs, things they used to do, things they believed they do, and the reason why they do

it. So therefore, since they understand there is spiritual part of things they believe they do have a spirit. And then they have also a great spirit, as I said before, they have also good spirit, which is a great spirit, and also a bad spirit, and which is not very nice.

Therefore their stories, there had been many stories that had been carried through these oral stories orally, and which is actually the history of our people long time ago before the European came, and unfortunately, in their culture they didn't have an opportunity to establish their own language writing or writing their language. So therefore, everything was done orally passed on to the next generation of any knowledge they need to have in order to survive.

So quickly going through all this stuff, and there is, there are things that they have managed, there are ways they have established to pass on the knowledge they have experienced and also how to survive on the land in order to pass this knowledge they created the stories, the stories that can be remembered very easily, the stories that created the begin of the early age to pass on some stories that maybe encountered later in life.

So these stories were called legends, some say, some people say legends were created out of the history of the people. These stories were actually human histories, by the time as the Native people to know whose name, who involved in it, and what time, when, how long ago, nobody knows that. There was no measuring stick what so ever. And therefore, legends fit well without any measuring time, and without any dates, and without much of date. But there is very relaxing, gentle measurement, which we can say, which we have already expressed here by saying our ancestors, our grand fathers, our great-great grand fathers, their great-great grand fathers, that's very long time ago, according to our people.

And therefore, that's the date, that's the time measurement, roughly guessing, and therefore, story came from there at least 500 years before they became legends, 500 years in our modern measuring time. So in this, these stories came from well beyond that, more than 500 years ago, maybe even 10000 years ago, maybe more, because there are stories that are so extraordinary that no one believed them.

For example, the story that always pops, never begin, and never ends, and never begins, to be exact, there is a story that says once upon a time, there were giant animals that lived on earth, and roamed the surface of the earth, and somehow disappeared. And the only explanation that we have, it says they hibernated, and that they will walk again

on the surface of the earth at the end of time, very, very mystical word. So that's one of them. That's mystical wording, which always catch on to a person's mind, what is it, what happened, what happened to those animals, are they still around somewhere, or when is the end of time, why would they come again, why do they hibernate? And there is another story that came amongst, with the Omushkego from their neighboring tribes, neighbors, tribes, all live on this land.

So, someone came around somewhere, from outside of the region, who brought another strange story in the land. And it says something like this: There was a place where people have found a frozen animal, that is big and furry, and hairy, and that is about all that there was. The story came from somewhere, but nobody knows exactly where did it come from, but people carried around this words, some expanded, some just simply repeat a few words, and that's it. There were many stories like that. And then, there is what they called mystical stories, mystical wording. It's something that makes people wonder, whether if it's real, or whether if it's makeup story, but how did it begin, and what did happen, and that has been forgotten why. It has been forgotten how did it start, and where exactly did it come from, and why does it seem to disappear. These things do happen, therefore, people begin to wonder about these things.

Now, let me continue. Those mystical stories, mystery stories, it something has to do that is extraordinary big and unbelievably strong and powerful, and mystical, and that is why those wording always we remembered. But, unfortunately, the explanation has been forgotten for a long time. These are the few, and then there is another one that describes about something that people have always experienced and seen and heard. We have five senses in our human body, or any human body that we experience.

We can use the hearing, which makes us understand things, and vision, we can see, even smell, feel and taste, all these are where things always function in our human body. So the vision is very strong, and it also the hearing is very important to some people, to all of us. And so, this mystical story has to do with the vision. A vision also the hearing, they have, our ancestors talked about our people who have experienced some sounds.

Okay, the sounds of a voice, a human voice, which have not, never been understood quite well what language it speaks, which seems to travel from the Northwest into the Southeast, usual direction and this voice, human voice seems to travel very fast, and it

has been heard in such days with clear sky when there is no wind, but it always travels into the same direction. And each time when it passed through up overhead, and it usually weakened the person's mind, makes people to faint, even passed out. And when it goes passed to the certain degree, someone regain conscious again, and became well, but usually the fear hang sometime after that.

And there is another story about the vision. People see things, people saw the thing that they think it is human skeleton, and it has been repeated, repeated by different people, and different group, seen these things which they called pakaaskokan. And this thing actually communicates with people. And speak the language, and also people get to believe that this being whatever it is was capable of predicting person's fortune, if there is a fortune, fortune means people can ask what they need can come true, or what they will need come true. This has happened, yes. But it isn't always everyone that encountered such thing.

And it is not always there, but it has been there for years and years, and 1000 of years perhaps. It has still existed not very long ago. People have seen it, our people, the Omushkego people, but some people now do not mention it about, because it's hard to believe that if there is really such thing. Now the question is, this pakaaskokan is the same thing that people hear, and afraid when they hear it, or scared, and shiver right down to jelly fish, so that is the question that always people ask.

But unfortunate thing is this; in recent years like 500 years ago our people have already strong belief that they have already developed their own mystical powers. The mystical powers mean which is called today a den, at that time mitewiwin. Mitewiwin means XXmakhtawegwan, makhtawegwanXX means strange things, strange capability, strange behavior, strange phenomenon, that's what XXmakhtawegwanXX is. But mitewiwin is a similar word, but mitewiwin is to be a mystical person to be able to do that. And in this case, mitewiwin and XXmakhtawegwanXX blend well. And for that reason, people used to, people who became shamans, or mitew they have certain powers that they can do.

They can do all kinds of things, according to their will. They can will themselves to become an animal, to become bird, or to become almost anything they want to be. And they can also use their mind to create the beast, or to make something to appear witch

they created in their mind to scare other people. That's what they call XXmetekateweenXX, people do that against each other in time past. And it has been done recently, yes. This is not a very good thing, that's the evil side of the people who have discovered about mitewiwin.

So in that part of the life it is considered the spiritual part blending with the material world. So our ancestors have done that. So, they have this thing. So when people have that belief and practice, which makes them automatically assume whenever they saw something strange they would automatically assume it's other mitew does that to them. Its mitew make them see things. So that's what happen. So therefore, it was not easy to investigate something what we have seen thoroughly, or to prove what we have seen is real.

Because this mitew can cause that, and whoever saw something strange, even strange and scare and huge and loud and whatever, usually automatically believed that it is mitew's power. Therefore, it not necessary to investigate, but just simply ignore, or react to it. If you are a powerful mitew, you will understand that someone is challenging your power, if you are mitew. And then you have to counter-act it with your own vision, and then you can defend yourself that way. So without going any deeper to explain, we will leave with that.

So this is the reason people have never actually tried to understand what this pakaaskokan mean, and what is that other stuff that was heard in the air, in the atmosphere. These are the things. And then there is something called wiihtiko Okay, wiihtiko, is one word. It's the word to name a thing. It's another person, it's a thing, and it's a thing that happens. It's some thing what happens among humans. Whenever there is a human come to extremely human condition, past human condition, sometimes turning to something different, other than human. That's exactly what its description is. It's the condition of other than human.

A person can be human, not actually a human, that's what the other human, other than human, trying to say. It means this other than human, can be created from the ordinary human and sometimes maybe not. There is a question there. There is wiihtiko there is many kinds. I could name them very fast, I could say, there is a wiihtiko that caused by starvation, and they are actually human became to starve and go crazy, and eat the human

flesh when it's raw and bad, and decayed human. Some of us may have experienced how awful it smells human body when it's decayed. And if a person eats the human flesh in that condition, of course, you poison yourself.

You poison your system, but you survive it, it doesn't kill you, because your stomach is empty, and it can digest anything. And you condition yourself to eat that. And you became to be a wiihtiko and that wiihtiko called XXweotesgwazo.XX And he is very, very bad, very awful, very evil. And there is one wiihtiko and then the other wiihtiko is the one that was created by being driven extremely insane. They will cause, they lost their human conscious and human righteousness, I mean, they were driven to become a wiihtiko by force, by someone, by other human.

If for example, if a man has a wife, and he abuse her, and beat her, and everything, and starve her, and do anything, no matter how much woman loves her husband, there is certain times there that the mind can not tolerate any more than it can. What a limit has allowed to be, and then after that it turns chaotic, and it turns really more like crazy. A person turns crazy. And when a person get mad, when crazy, he became other than human, he is no more normal. And if the person is mad, because if you are mad, you want to retaliate that makes you something hurt.

Automatically, such person will hurt, or hurt someone, or hit something, or smash something, or kill something. And automatically, human body would sort of hit, the back or hit something that hurt him. So when this case, so a person get that way, he is very dangerous. He will see. Not only there are those person turn that way, as usually happen, also with the young children.

Those who are abused by their family, or by their relatives, or by other people, that's where most of those wiihtiko came, or created a long time ago, because of mistreatment of the person. So, it has been understood that such thing can exit. So the wiihtiko is created that way.

And the others are that are ordinary not understood, not exactly known where they came from. One of those our famous friend the saskquatch, big foot, you name it. And there is other ones that people have known which is bit more friendlier, is XxmemengishwakXX. So these are wiihtiko also in category, but they are not actually human, but they are other than human.

And then there is also wiihtiko that are created, wiihtiko that are created by something. There are many kinds of wiihtiko and then there are other things that has been experienced, another human form that people do not quite understand. And I have seen it, actually found it sometimes dead, and do not quite understand what kind of human body it is could be, and where did it came from, it has experienced, this has been experienced in the Omushkego country, it has been terrible thing to find, and people who tried to describe such thing were not able to describe quite well, and usually stayed in their mind for long, because they were always afraid to see it again.

Now, and then we can also have another extreme condition where always happened, that is, when you mistreat an orphan, a child that is by himself, and has no parents, and if you mistreat this child, and then you create a wiihtiko. And this child can just take off, became inhuman, and then sometimes come back to haunt you even kill you. Sometimes have that opportunity to come and kill you, or kill all, the whole a lot of family, and that's why wiihtiko were this very terrible.

Then normal wiihtiko normal, I mean, something like XXwemegowesoXX, or something like big foot, XXmemegowesokXX and big foot seems to be not quite human, because it's more like animal. And therefore, people have treated big foot more like animal than human, and not really afraid, because they do not actually kill human, and also XXmemegowesokXX has been known to co-exist with human, and were not threat to the human.

But the human created wiihtiko which once a truly human, these are way worse than the others. And especially the ones that are driven to be one, but the one that cause by unfortunate nature usually are not that scary, or be considered so deadly. So that is about the subject that I am speaking about. So one more time, I want to explain this thing. There are many kinds of wiihtiko there are, there were wiihtiko's one time that existed with the people.

This was way, way many years before the European came. Let's put a timetable before Christopher Columbus came to North America, when people them self of this land existed by them self for a long time. It was in those days that a times people had been over-populated over the land, and over kill, hunting, and sort of driven them self to extinction or to cannibalism. So cannibalism is forms of wiihtiko, which is really bad,

because the human, when they are human, ordinary human, not quite ordinary human, because they have developed them self to be shamans to be mitew. So when this time, when mitew are they're existed with ordinary life with good, plenty and everything, they are all okay. They do not necessary have to kill them self, they just make a distance from them self.

And when the land begin poor, and when there is food that is depleted amongst these people, so they began to experience starvation, famine, whatever you call it, and then they became wiihtiko, they became to eat each other, they became cannibals. Some of them survive, many other became cannibalist, and some are avoided became one, and then remain the ordinary mitew, but not wiihtiko

But those who survive by having it control state of being a wiihtiko, prior of that having been a metew themself, and were capable and powerful, when they became wiihtiko they became the worst kind of wiihtiko, because they are the cannibals, and then they are also mitew at the same time. They are the worst kind. They are not easily killed, and there are others who have become wiihtiko and where mitew some of them were not, some said that they are so bad, they only eat human once in a while, and then they became physically cold, their hearts became ice, and they don't care about the cold weather. They can exist.

And these are what they call ice-hearted wiihtiko, and they are very very hard to kill. It takes only that powerful shaman can can contact them, can fight them, and can kill them, if necessary, but there is a story that has been said many times, that such kind of wiihtiko takes the mitew to kill them. And whenever they kill this kind of wiihtiko, you really have to cut it in pieces, and small pieces, and cut the heart out, and really burn every piece, and then burn the heart, if you can. But many times, even when you have only heart piece still existing, your fire can not keep on going, it wants to snuff out, until the heart begin to be XXtoughXX, and then finally it burns.

Only then that you can completed to destroy the ice-hearted wiihtiko. There are other wiihtiko who did not have the ice-heart. But they were just as powerful, and just as evil, and scary. But people such as miteweok powerful miteweok who have had enough dream quest in their development, if they had dream quest and have managed to beat those kinds of things, they were able to fight it off these kind of things.

Okay, let's get back to it. The stronger, the more powerful mitew a person is in ordinary being. When the person became wiihtiko by some reason, or by accident, by misfortune, and this person, once became a windigo, is a most dangerous one, who will be the most fearful one.

So, this was all the stories about the windigo. There are many others that are bit more exaggerating, and this is what I was gonna talk about, that some of those people where became windigo, and apparently at times in the past, distants past. When that kind of situation existed, and it was very bad, and then also it was almost impossible for ordinary person to live amongst the First Nation. At least, that's what the story goes in Omushkego land. And it was that time, some of those who became windigo, because they didn't severely become total windigo, there are half normal people, and half became cannibalistic people.

And once they say, it's been said all the time, human taste the human flesh, and it always have that carving to have human flesh. And those kind of people are not very nice to have around. It was that time, at time's they were getting to be many more, more windigo, half-windigo, or cannibalistic people that are at the same time mitew were existing amongst ordinary people. And it was no safe area to live nearby. And that was a time when the people used to get veteran organize some kind of extermination process for those kind of people. They would hire a person who can kill them.

And this is part legend, it's classified as legend and this kind of story, but it has happened in the past, and so this is one of the extraordinary story, and those kind of cannibals who are became windigo, lived an ordinary life as human, eat the ordinary life as a rest, but always have a time to have a human flesh. They would kill, and then they would separate them self from the ordinary people. And in the group they will have a feast once in a while with a human flesh. And they were very a nasty people to be around with, and it was not safe a land to live amongst them.

So, it was that time also when the person who is powerful, and mitew and enough, enough, dream power, that he will be able to overcome those kind of people and kill them. So the people can live peacefully again. And then there is another story that seems to have the same way, and it is that there are others, who are living a monstrous or a windigo's, or witegowak, who were able to live apart from their hearts, so they call them

XXnakaztehesowak,XX that means, people who live there leave their heart apart from them self. And they say that, you know that their heart is left in a scaffold somewhere safe place, and they can wonder off any place, and to the distance, and live like ordinary people.

But actually, they kill people, and they eat them, and then this kind were very hard to kill, but they were killed once in a while, if they ever exist. Someone was able to get rid of them, and that was in the same period, in the period when some others, some other kind of windigo's existed, those who have many powers with them, those who have the shaman power with them. So there are, there is some stories that are so extraordinary, that it was impossible to believe. But those then became to be looked at, as legends, makeup legends, they are not actually real, but it was. XX(interrupted)xx